



**BAGALKOT UNIVERSITY
JAMKHANDI, KARNATAKA-INDIA**

**PROGRAM /COURSE STRUCTURE AND SYLLABUS
For**

**BACHELOR OF ARTS with PSYCHOLOGY
I and II Semester**

w.e.f.

Academic Year 2024-25

PROGRAM STRUCTURE

Syllabus and Credits Structure under Choice Based Credit System [CBCS] General Degree for the Three Years
B.A. with PSYCHOLOGY Undergraduate Programme with effect from 2024-25

First Semester B.A. PSYCHOLOGY Scheme

SEMESTER-I											
Category	Course code	Title of the Paper	Marks			Teaching hours/ week			Credits	Duration of Exam (Hrs)	Teaching Department
			I A	SEE	Total	L	T	P			
L1	-----	Language 1	20	80	100	4	-	-	3	3	-----
L2	-----	Language 2	20	80	100	4	-	-	3	3	-----
Major	2B1PSYM01T	Introduction to Psychology	20	80	100	3	-	-	3	3	
	2B1PSYM01L	Introduction to Psychology Practical-1	10	40	50	-	-	4	2	3	---
Major	-----	-----	20	80	100	5	-	-	5	3	
Major	-----	-----	20	80	100	5	-	-	5	3	---
	2S1XXXC01T	Constitutional Values/	10	40	50	2	-	-	2	2	Constitutional Values: Political Science
	2S1XXXC02T	Environment studies									Environmental Studies: Chemistry/ /Geography/ Botany
Total Marks					600	Semester Credits			23		

Second Semester B.A. PSYCHOLOGY Scheme

SEMESTER-II											
Category	Course code	Title of the Paper	Marks			Teaching hours/ week			Credits	Duration of exams (Hrs)	Teaching Department
			IA	SE E	Total	L	T	P			
L3	-----	Language 3	20	80	100	4	-	-	3	3	-----
L4	-----	Language 4	20	80	100	4	-	-	3	3	-----
Major	2B2PSYM02T	Fundamentals of Psychology	20	80	100	3	-	-	3	3	
	2B2PSYM02L	Fundamentals of Psychology Practical-2	10	40	50	-	-	4	2	3	
Major	-----	-----	20	80	100	5			5	3	
Major	-----		20	80	100	5	-	-	5	3	-----
	2S1XXXC01T	Constitutional Values	10	40	50	2	-	-	2	2	Constitutional Values: Political Science
	2S1XXXC02T	Environment Studies									Environmental Studies: Chemistry/Geography / Botany
Total Marks					600	Semester Credits			23		

Year	I	Course Code: 2B1PSYM01T	Credits	03
Sem.	1	Course Title: Introduction to Psychology (Theory)	Hours	40
Internal Assessment Marks: 20		Semester End Exam Marks : 80	Duration of Exam: 03hrs.	
Unit No.	Course content			Hours
Unit I	<p>Introduction</p> <p>Definitions and Meaning of Psychology – key perspective: psychodynamic, behavioral humanistic, biological and cognitive Psychology as applied science and psychology as theoretical branches.</p> <p>Methods: Introspection, Observation, Experimental, Survey, and Interview</p>			10
Unit II	<p>Biology and behavior</p> <p>Neuron: structure and functions, neural impulse, synapse</p> <p>Nervous System: structure and functions of central nervous system</p> <p>Endocrine system: Glands and Hormones and their effects on behavior</p> <p>Sensation Attention and Perception</p> <p>Sensation : Definitions and characteristics , Types of senses and Receptors Attention : Meaning and Phenomena (Span of attention, Division of attention, Fluctuation and distraction) Determinants</p> <p>Perception : Meaning and characteristics Gestalt Laws of perceptual organizationDepth perception</p>			10
Unit III	<p>Learning :</p> <p>Meaning and Definitions, Factors influencing learning: Motivation, Reinforcement, Association, Types of Learning: Trial and error, Laws of Learning. Learning by Insight</p> <p>and Learning by conditioning , Laws, Extinction, Spontaneous Recovery, Generalization, Discrimination, Higher order conditioning, Operant Conditioning :Skinner experiment, Reinforcement, Schedules of reinforcement, Cognitive Learning : Insightful (Kohler) Learning ,Observational and Social Learning (Bandura) Transfer of Training</p>			10

Unit IV	Memory and Forgetting Memory : Basic Processes – encoding, Consolidation, Retention and retrieval. Types of Memory : Sensory Memory, Short Term Memory, Long Term Memory, Working Memory : Semantic Memory, Auto biographical Memory, and Flash Bulb Memory Techniques to improve Memory : Mnemonics, Chunking, Sq3R(Survey, Question, Read, Recite, Review) Forgetting: Nature and causes of Forgetting	10
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Recommended Learning Resources

1. Robert A. Baron(2005) Psychology , Pearson Education
- 2.Morgan C.T. King R.A. & Robinson (Latest Edition)- Introduction to psychology. NewDelhi, oxford and IBH Publishing Co.
- 3.Hilgard E.I. Atkinson R.C., Atkinson R.L., Smith , (Latest Edition)- Introduction to psychology. 10th Edition IBH Publishing Co.
- 4.Natraj P- Psychology For Beginners Mysore Srinivas Publications (Latest Edn
- 5.M. Madhuchandra – Samanniya Manovigniya- Sapna Book House Publications
- 6.Natraj P – Samanniya Manovigniya,(Kannada) Mysore Srinivas Publications.

Year	I	Course Code: 2B1PSYM01L	Credits : 2
Sem.	I	Course Title: Introduction to Psychology (Practical -1)	
Internal Assessment Marks: 10		Semester End Exam Marks : 40	Duration of Exam: 3 hrs
Practical Hours : 4 Hrs. Per Week			Hours : 50
Unit No.	Course content		
	<p>Student are supposed to conduct minimum Five Practical's during each Semester</p> <p>Statistics is compulsory</p> <ol style="list-style-type: none"> 1. Directed Observation 2. Mullar Lyer Illusion 3. Colour Blindness 4. Mapping the colour zones of retina 5. Span of Attention 6. Bilateral Transfer of Training 7. Insight on Motor learning (Mails Step Maz) 8. Meaning on Retention 9. Retroactive Inhibition 10. Proactive Inhibition <p>Statistics : Grouping of Data, Tabulation and Frequency</p> <p>Distribution Measures of Central Tendency : Mean for grouped and ungrouped Data</p>		

Year	I	Course Code: 2B2PSYM02T	Credits	03
Sem.	II		Fundamentals of Psychology	Hours
Internal Assessment Marks: 20		Semester End Exam Marks : 80		Duration of Exam: 03hrs.
Unit No.	Course content			Hours
Unit I	<p>Personality: Meaning and Definition, Characterizes Approaches: Freud’s Psychodynamic, Cattell’s Trait approach, Roger’s Self Theory, Types of Personality, : Sheldon’s, Jung, Type A, B, C, and D. Assessment of Personality: Objective Methods: Rating Scales, Interviews and Behavioral Test Self Report inventories, EPI,</p> <p>Projective Tests : Rorschach’ ink blot test, Word association test, sentence completion test. T.A.T., C.A.T,</p>			10
Unit II	<p>Intelligence Meaning and Definitions. factors influencing on intelligence. Theories of Intelligence: Spearman, Thurston, Sternberg, and Gardner.</p> <p>Distribution of Intelligence : Concept of IQ, Mentally gifted(Genius) and Mentally Challenged(APA Classification)</p> <p>Measurement of Intelligence: Tests, Verbal Nonverbal, and Performance Tests, Power and Speed Tests, Individual and Group Tests, Culture fair and culture free Tests,</p> <p>Aptitude – Meaning and types :</p>			10
Unit III	<p>Cognitive Processes Thinking : Meaning of thinking and reasoning .Processes of Thinking, Stages of problemsolving, Influencing factors of Problem Solving.</p> <p>Reasoning : Types of Reasoning : Inductive and Deductive . Creativity and decisionmaking.</p>			10
Unit IV	<p>Emotion and Motivation : Emotion : Meaning and Definitions, Primary and Secondary Theories of emotions : JamesLange , Cannon-Bard, Schechter- Singer and Lazarus.</p> <p>Changes accompanying Emotions : Physical,</p>			10 13

	<p>Physiological and Psychological Changes</p> <p>Emotional Intelligence ; Meaning and components, enhancing positive emotions.</p> <p>Motivation : Meaning , Nature Motivation Cycle, Physiological : Hunger, Thrust, Sex, Sleep, and Maternal. Psychosocial Motives : Affiliation, Achievement, Power and Aggression .</p> <p>Maslow's Need hierarchy theory of motivation</p>	
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Recommended Learning Resources

1. Robert A. Baron(2005) psychology , pearson education
- 2.Morgan C.T. King R.A. & Robinson (Latest Edition)- Introduction to psychology.New Delhi, oxford and IBH Publishing Co.
- 3.Hilgard EI Atkinson R.C., Atkinson R.L., Smith, (Latest Edition)- Introduction to psychology. 10th Edition IBH Publishing Co.
- 4.Natraj P- Psychology. for Beginners, Mysore srinivas publications.(latest Edn
- 5.M Madhuchandra - Samanniya Manovigniya- Sapna Book House Publications
- 6.Leftton L.A. (latest edition) Psychology Boston : Allyn & Baron.
- 7.Natraj P - Samanniya Manovigniya,(Kannada) Mysore Srinivas Publications.

Year	I	Course Code: 2B2PSYM02L	Credits : 2
Sem.	II		
Course Title: Fundamentals of Psychology (Practical -II)			
Internal Assessment Marks: 10	Semester End Exam Marks : 40	Duration of Exam: 3hrs.	
Practical Hours : 4 Hrs. Per Week		Hours : 50	
Unit No.	Course content		
	<p>Student are supposed to conduct minimum Five Practical's during each Semester and Statistics is compulsory</p> <ol style="list-style-type: none"> 1. Ravan's Progressive Matrices 2 . Otis Mental ability Test 3. Eysenck's Personality Inventory 4. Concept Formation 5. Judging Emotions on Facial Expressions 6. Meaning on Retention 7. Achievement Motivation 8. Emotional Intelligence 9. Big. VS Personality Inventory 10. Bhatia Battery of Intelligence Test. 11. A-S Reaction Study <p>Statistics : Central Tendencies : Median and Mode for Grouped and Ungrouped Data</p>		