



# BAGALKOT UNIVERSITY

Mudhol Road, Jamkhandi-587301 Dist: Bagalkot

## PROGRAM /COURSE STRUCTURE AND SYLLABUS FOR PSYCHOLOGY

as per the Choice Based Credit System (CBCS) designed in accordance with  
Learning Outcomes-Based Curriculum Framework (LOCF)

For  
Bachelor of ARTS  
(PSYCHOLOGY)  
(General Degree)  
I and II Semester

w.e.f.

Academic Year 2024-25

# Preamble for UG Syllabus of Bagalkot University

Bagalkot University Jamkhandi has been established by the Government of Karnataka and has started functioning from the academic year 2023-24. All the degree colleges other than engineering and medical colleges in the district of Bagalkote, are affiliated to this university as per the Karnataka State Universities Act 2000, as modified by the 26th Act of 2022. The students taking admission to any of the colleges in the district of Bagalkote, from the academic year 2023-24 will be students of Bagalkot University. The Government of Karnataka has instructed all the Universities to revise the under graduate syllabus as per the Government order no. ED 166 UNE 2023 Bengaluru Dated 08-05- 2024 from the academic year 2024-25.

Hence the Bagalkot University has revised the syllabus as suggested by its Board of Studies and approved by Academic Council and Syndicate. The subject code format for all the subjects of the new syllabus is also revised.

The subject code format is described in the following.

## Subject Code Format

1	2	3	4	5	6	7	8	9	10
VER	DEGREE	SEM	DISCIPLINE			SUB. TYPE	SL. NO.	FOR	TH/LAB/F
							SUB. TYPE		
2	A	1	C	H	E	M	0	1	T
2	B	1	P	O	L	M	0	1	T

**[1]The Version information gives the version of the syllabus. It can take values 1,2..9,a,b,...**

**[2]The UG degree codes to be provided as / The code applicable to all degrees**

Sl. No	Degree Code		Degree
1	B.Sc.	A	Bachelor of Science
2	B.A	B	Bachelor of Arts
3	B.Com.	C	Bachelor of Commerce
4	BBA	D	Bachelor of Business Administration
5	BCA	E	Bachelor of Computer Applications
6	BSW	F	Bachelor of Social Work
7.	-----	S	Applicable to all degrees

**[3]The Semester Information is provided as**

Sl. No	Semester
1	1
2	2
3	3
....	

**[4-6 ]The Discipline Information to be provided as**

Sl No	Degree	Discipline Code
1	B.Com.	XXX
2	BCA	XXX
3	BBA	XXX
4	BSW	XXX
5	B.A	'HIS', 'POL', 'GEO', 'KAN', 'HIN' etc. The detailed list is to be provided
6	B.Sc.	'PHY', 'CHE', 'BOT', 'ELE' etc. The detailed List is to be Provided

**[7] The Subject Type to be provided as**

Sl. No.	TYPE	Description
1	Major	M
2	Language	L
3	Constitutional Moral Values	C
4	Elective	E
5	Skill / Practical based learning	S
6	Mini Project	P
7	Internship	I
8	Case study/ Survey using principles of Research methodology	R

**[8-9] The Running Serial Number is to be provided for a particular Subject type 01 to 99**

**[10] This character specifies the category of the subject namely, T=Theory, L-Practical, P-Project Work, F-Field work, Viva-V, I-Internship, Dissertation-D**

## PROGRAM STRUCTURE

Syllabus and Credits Structure under Choice Based Credit System [CBCS] General Degree for the Three Years  
B.A. with **PSYCHOLOGY** Undergraduate Programme with effect from 2024-25

### First Semester B.A. PSYCHOLOGY Scheme

#### SEMESTER-I

Category	Course code	Title of the Paper	Marks			Teaching hours/ week			Credits	Duration of ExAm (Hrs)	Teaching Department
			IA	SEE	Total	L	T	P			
L1	-----	Language 1	20	80	100	3	-	-	3	3	-----
L2	-----	Language 2	20	80	100	3	-	-	3	3	-----
Major	2B1PSYM01T	Introduction to Psychology	20	80	100	3	-	-	3	3	
	2B1PSYM01L	Practical-1	20	80	100	-	-	4	2	3	---
Major	-----	-----	20	80	100	5	-	-	5	3	
Major	-----	-----	20	80	100	5	-	-	5	3	---
	2S1XXXC01T	Constitutional Values/	10	40	50	2	-	-	2	2	Constitutional Values: Political Science
	2S1XXXC02T	Environment studies									Environmental Studies: Chemistry/ /Geography/ Botany
<b>Total Marks</b>					<b>550</b>	<b>Semester Credits</b>			<b>23</b>		

## Second Semester B.A. PSYCHOLOGY Scheme

<b>SEMESTER-II</b>											
Category	Course code	Title of the Paper	Marks			Teaching hours/ week			Credits	Duration of exams (Hrs)	Teaching Department
			IA	SE E	Total	L	T	P			
L3	-----	Language 3	20	80	100	3	-	-	3	3	-----
L4	-----	Language 4	20	80	100	3	-	-	3	3	-----
Major	<b>2B2PSYM02T</b>	Fundamentals of Psychology	20	80	100	3	-	-	3	3	
	<b>2B2PSYM02L</b>	Practical-2	20	80	100	-	-	4	2	3	
Major	-----	-----	20	80	100	5			5	3	
Major	-----		20	80	100	5	-	-	5	3	-----
	2S1XXXC01T	Constitutional Values	10	40	50	2	-	-	2	2	Constitutional Values: Political Science
	2S1XXXC02T	Environment Studies									Environmental Studies: Chemistry/Geography / Botany
<b>Total Marks</b>					<b>550</b>	<b>Semester Credits</b>			<b>23</b>		



**Bagalkot University, Jamakhandi**  
**Department of Psychology**

Programme Name	<b>BA/ B.Sc in Psychology</b>	Semester	<b>First Sem. (1<sup>st</sup> Semester)</b>
Course Title	<b>DSC-I : Introduction to Psychology ( Theory )</b>		
Course Code:	<b>2B1PSYM01T</b>	No. of Credits	<b>3</b>
Subject Code		Q.P. Code	
Teaching Hours/Week	<b>3</b>	<b>Total Teaching Hrs: 42</b>	Duration of Exam <b>3 Hours</b>
Summative Assessment Marks ( Main Exam )	<b>80 Marks</b>	Formative Assessment Marks ( I.A )	<b>20 Marks</b>

### Course Outcomes

1. The students will be able to understand the field and methods of Psychology.
2. They will be able to effectively use techniques in learning.
3. They will be able to assess various psychological phenomena .

#### Unit –I : Introduction

Definitions and Meaning of Psychology – key perspective: psychodynamic, behavioral humanistic, biological and cognitive **Psychology as applied science** and psychology as theoretical branches.

**Methods:** Introspection, Observation, Experimental, Survey, and Interview

**12 Hrs**

#### Unit –II: Biology and behavior

Neuron: structure and functions, neural impulse, synapse

Nervous System: structure and functions of central nervous system

Endocrine system: Glands and Hormones and their effects on behavior

**10 Hrs**

#### Unit –III :Sensation Attention and Perception:

**Sensation :** Definitions and characteristics , Types of senses and Receptors

**Attention :** Meaning and Phenomena ( Span of attention, Division of attention, Fluctuation and distraction ) Determinants

**Perception :** Meaning and characteristics Gestalt Laws of perceptual organization  
Depth perception

**10 Hrs**

#### Unit –IV : Learning :

Meaning and Definitions, Factors influencing learning: Motivation, Reinforcement, Association,

**Types of Learning:** Trial and error, Laws of Learning. Learning by Insight

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and Learning by conditioning , Laws, Extinction, Spontaneous Recovery, Generalization, **Discrimination, Higher order conditioning**, Operant Conditioning : **Skinner experiment, Reinforcement, Schedules of reinforcement**,  
Cognitive Learning : Insightful (Kohler) Learning ,  
Observational and Social Learning (Bandura)  
Transfer of Training

**Unit –V :Memory and Forgetting:**

**10 Hrs**

Memory : Basic Processes – encoding, Consolidation, Retention and retrieval.

Types of Memory : Sensory Memory, Short Term Memory, Long Term Memory,

Working Memory : Semantic Memory, Auto biographical Memory, and Flash Bulb

Memory Techniques to improve Memory : Mnemonics, Chunking, Sq3R(Survey, Question, Read, Recite, Review

**Forgetting:** Nature and causes of Forgetting

**Reference Books :**

- Robert A. Baron(2005) Psychology , Pearson Education
- Morgan C.T. King R.A. & Robinson ( Latest Edition)- Introduction to psychology. New Delhi, oxford and IBH Publishing Co.
- Hilgard E.I. Atkinson R.C., Atkinson R.L., Smith , ( Latest Edition)- Introduction to psychology. 10<sup>th</sup> Edition IBH Publishing Co.
- Natraj P- Psychology For Beginners Mysore Srinivas Publications (Latest Edn
- M. Madhuchandra – Samanniya Manovigniya- Sapna Book House Publications
- Natraj P – Samanniya Manovigniya,(Kannada) Mysore Srinivas Publications.



**BA Semester-I: Psychology Practical -1**  
**( DSC-I : Introduction to Psychology)**

**COURSE CODE: 2B1PSYM01L**

Practical Hours : 4 Hrs. Per Week .      Marks Main Exam : 40 I.A. -10 Mark Records/Journal

For Classes : 10 Students per Batch

For Examinations : 10 Students per Batch

CREDITS: 02

Student are supposed to conduct minimum Five Practical's during each Semester

Statistics is compulsory

1. Directed Observation
2. Mullar Lyer Illusion
3. Colour Blindness
4. Mapping the colour zones of retina
5. Span of Attention
6. Bilateral Transfer of Training
7. Insight on Motor learning (Mails Step Maz)
8. Meaning on Retention
9. Retroactive Inhibition
10. Proactive Inhibition

Statistics : Grouping of Data, Tabulation and Frequency Distribution

Measures of Central Tendency : Mean for grouped and ungrouped Data

## ASSESSMENT METHODS

### Formative Assessment for Theory

Evaluation Scheme for Internal Assessment: Continuous Internal Assessment (CIA)

Assessment Criteria for 20 marks		
1st Internal Assessment Test for 20 marks of 1 hour duration after 8 weeks and later marks should be reduced to 5	CIA : C1	5 Marks
2nd Internal Assessment Test for 40 marks 2 hours duration after 15 weeks and marks should be reduced to 10	CIA : C2	10 Marks
Assignment/ Activity	CIA : C3	05 Marks
Total		20 Marks

### Summative Assessment for Theory:

SEMESTER END EXAM : SEE	C4	80 Marks
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### Formative Assessment for Practical:

Assessment Criteria 10 marks		
Internal Test including basic understanding of the concept, Viva Voce, Journal. Test should be conducted for 50 marks and later it should be reduced for 10 marks	CIA : C1	10 Marks

### Summative Assessment for Practical:

SEMESTER END EXAM : SEE	C2	40 Marks
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Bagalkot University Jamakhandi  
Department of Psychology  
II ND SEMESTER

Programme Name	BA /B.Sc in Psychology	Semester	SECOND Sem. (IInd Semester)
Course Title	DSC-II : Fundamentals of Psychology ( Theory )		
Course Code:	2B2PSYM02T	No. of Credits	3
Subject Code	PSY:	Q.P. Code	
Teaching Hours/Week	3   Total Teaching Hrs: 42	Duration of Exam	3 Hours
Summative Assessment Marks ( Main Exam )	80 Marks	Formative Assessment Marks ( I.A )	20 Marks

**Course Outcomes:**

1. Students will be able to apply the knowledge of Psychology in everyday life .
2. Students will be able to assess various psychological processes such as emotion, motivation, intelligence and personality.
3. Students will be able to understand the Cognitive Processes .

**Unit –I : Personality:**

**12Hrs**

Meaning and Definition, Characterizes Approaches: Freud’s Psychodynamic, Chattell’s Trait approach, Roger’s Self Theory, Types of Personality, : Sheldon’s, Jung, Type A, B, C, and D. Assessment of Personality: Objective Methods: Rating Scales, Interviews and Behavioral Test Self Report inventories, EPI,

Projective Tests : Rorschach’ ink blot test, Word association test, sentence completion test. T.A.T., C.A.T,

**10 Hrs**

**Unit – II : Intelligence**

Meaning and Definitions. factors influencing on intelligence.

Theories of Intelligence: Spearman, Thurston, Sternberg, and Gardner.

Distribution of Intelligence : Concept of IQ, Mentally gifted(Genius) and Mentally Challenged(APA Classification)

Measurement of Intelligence: Tests, Verbal Nonverbal, and Performance Tests, Power and Speed Tests, Individual and Group Tests, Culture fair and culture free Tests,

Aptitude – Meaning and types :

**10 Hrs**

**Unit- III : Cognitive Processes**

**Thinking** : Meaning of thinking and reasoning .Processes of Thinking, Stages of problem solving, Influencing factors of Problem Solving.

**Reasoning** : Types of Reasoning : Inductive and Deductive . Creativity and decision making.

**10 Hrs**

**Unit –IV : Emotion and Motivation :**

**Emotion** : Meaning and Definitions, Primary and Secondary **Theories of emotions** : James Lange , Cannon- Bard, Schechter- Singer and Lazarus.

**Changes accompanying Emotions** : Physical, Physiological and Psychological Changes.

**Emotional Intelligence** ; Meaning and components, enhancing positive emotions.

**Motivation** : Meaning , Nature Motivation Cycle, **Physiological** : Hunger, Thrust, Sex, Sleep, and Maternal. **Psychosocial Motives** : Affiliation, Achivement, Power and Aggression .

Maslow's Need hierarchy theory of motivation

### **Reference Books:**

- Robert A. Baron(2005) psychology , pearson education
- Morgan C.T. King R.A. & Robinson (Latest Edition)- Introduction to psychology. New Delhi, oxford and IBH Publishing Co.
- Hilgard EI Atkinson R.C., Atkinson R.L., Smith, (Latest Edition)- Introduction to psychology. 10<sup>th</sup> Edition IBH Publishing Co.
- Natraj P- Psychology. for Beginners, Mysore srinivas publications.(latest Edn
- M Madhuchandra - Samanniya Manovigniya- Sapna Book House Publications
- Leftton L.A. ( latest edition) Psychology Boston : Allyn & Baron.
- Natraj P - Samanniya Manovigniya,(Kannada) Mysore Srinivas Publications.

**BA II Semester : Psychology Practical – 2**  
**( DSC-II : Fundamentals of Psychology )**

**COURSE CODE: 2B2PSYM02L**

Practical Hours : **4 Hrs /Week**

Marks Main Exam : **40 I.A. : 10 Records /Journals**

Classes : **10 Students per Batch**

For Examinations : **10 Students per Batch**

**CREDITS: 02**

Students are supposed to conduct minimum Five Practical's during each Semester and Statistics is compulsory

1. Raven's Progressive Matrices
2. Otis Mental ability Test
3. Eysenck's Personality Inventory
4. Concept Formation
5. Judging Emotions on Facial Expressions
7. Meaning on Retention
8. Achievement Motivation
9. Emotional Intelligence
10. Big. V. Personality Inventory
11. Bhatia Battery of Intelligence Test.
12. A-S Reaction Study

Statistics : Central Tendencies : Median and Mode for Grouped and Ungrouped Data

## ASSESSMENT METHODS

### Formative Assessment for Theory

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Assignment/ Activity	CIA : C3	05 Marks
Total		20 Marks

### Summative Assessment for Theory:

SEMESTER END EXAM : SEE	C4	80 Marks
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### Formative Assessment for Practical:

Assessment Criteria 10 marks		
Internal Test including basic understanding of the concept, Viva Voce, Journal. Test should be conducted for 50 marks and later it should be reduced for 10 marks	CIA : C1	10 Marks

### Summative Assessment for Practical:

SEMESTER END EXAM : SEE	C2	40 Marks
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# General Pattern on Psychology Question Paper

Term End Examination for Discipline Paper THEORY Each paper will be for maximum of 80 marks.

The minimum marks to pass the examination is 40 % (32 Marks) in each theory paper.

Note: Duration of Examination for Discipline Specific Core (DSC) paper is 3 hours.

Question paper pattern for Discipline Specific Core (DSC) paper –

## Section A:

Answer any five of the following questions in two to three sentences . Each answer carries 3 marks.

**(5x3=15)**

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

## Section B:

Answer any four of the following questions in ten to fifteen sentences .Each answer carries 5 marks.

**(4x5=20)**

- 8.
- 9.
- 10.
- 11.
- 12.
- 13.

## Section C:

Answer any three of the following questions **Three to Four** pages. Each answer carries 15 marks.

**14** **(3x15=45)**

- 15.
- 16.
- 17.
- 18.