



Bagalkot University

Mudhol Road, Jamkhandi-587301

Dist: Bagalkote

Open Elective from Social Work (BSW)

As per NEP 2020 and adapted from RCU Belagavi

Applicable from the Academic Year 2023-24

Open Elective Courses (OEC) for BSW

First and second semesters will have one OE course. Each OE course has 3 credits and with no practical component. OE courses are for other subject students (other than major and minor), and the candidate has to choose one OE course for each semester.

SEMESTER-I										
Category	Course code	Title of the Paper	Marks			Teaching hours/ week			Credit	Duration of exams (Hrs)
			I A	SE E	Total	L	T	P		
OEC	126BSW01XXXOEC01T/ 126BSW01XXXOEC02T	XXX	40	60	100	3		-	3	2
Total Marks					100	Semester Credits			3	

SEMESTER-II										
Category	Course code	Title of the Paper	Marks			Teaching hours/ week			Credit	Duration of exams(Hrs)
			I A	SE E	Total	L	T	P		
OEC	126 BSW 02XXXOEC03T/ 126 BSW 02XXXOEC04T	XXX	40	60	100	3		-	3	2
Total Marks					100	Semester Credits			3	

COURSE PATTERN, SCHEME OF EXAMINATION AND CREDITS

a) I/II Semesters

Sem.	Subjects	Course/ Paper	Instruction hrs /week	Hrs of Exam	Marks			Credits
					IA	Exam	Total	
I-II	1 Open Elective	1T	1x3	1x2	1x40	1x60	1x100	1x3

Question Paper Pattern

The question paper for the semester-end exam will have the following three parts:

Part A - (Objective type or very short answer type questions: carrying 2 marks each)

Part-(Short answer questions carrying 5 marks each)

Part C - (Long answer questions carrying 15 marks each)

The pattern of the Question Paper will be as follows:

Note: Answer any five divisions from Part-A, four questions from Part-B and two questions from Part-C.

All answers should be either in English or Kannada.

PART-A

(5×2=10)

(Answer any five divisions. All divisions carry equal marks)

1.

- a.
- b.
- c.
- d.
- e.
- f.
- g.

PART-B

(4×5=20)

(Answer any four questions. All questions carry equal marks)

2.

3.

4.

5.

6.

7

PART-C

(2×15=30)

(Answer any two questions .All questions carry equal marks)

09.

10.

11.

12.

SOCIAL WORK OEC FOR I SEMESTER

Open Elective Course (OEC)

Year	I	Course Code: 126BSWO1XXXOEC01T	Credits	3
Sem.	1	Course Title: Essentials of Social Work	Hours	40
Formative Assessment Marks: 40		Summative Assessment Marks: 60	Duration of ESA: 2 Hrs	
Course Outcomes	<p>At the end of the course the student should be able to:</p> <ol style="list-style-type: none"> 1. To understand concept, scope, methods, values and principles of Social Work; 2. To understand skills, techniques and roles of social work practice; 3. To understand concept of community, types, community development and areas of social work intervention in community; 4. To understand school and its functions, problems of children in schools and areas of social work intervention. 5. To understand medical and psychiatric social work, hospital setting and areas of Social work intervention. 			
Unit No.	Course Content		Suggested Pedagogy	Hours
Unit I	Fundamentals of Social Work			10
	Social Work: Meaning, Definitions, Nature and Scope. Values and Principles of Social Work. Skills and Techniques of Social Work Practice.		i) Lecture method ii) Tutorials iii) Assignments iv) Group Discussion	
Unit II	Social Work with Communities			10
	Community: Meaning, Definitions, Nature and Types (Rural, Urban and Tribal Community). Concept of Community Development. Areas of Social Work Intervention: Marginalized, Youth, Elderly, Women and Children.		i) Lecture method ii) Tutorials iii) Assignments iv) Group Discussion v) Virtual Mode	
Unit III	Social Work in School Setting			10
	School: Concept and Functions. Problems of Children in Schools. Areas of Social Work Intervention: Children with Physical, Learning and Emotional Problems. School Dropout, Working with Teachers, Administrators, and Other Professionals.		i) Lecture method ii) Tutorials iii) Assignments iv) Group Discussion v) Virtual Mode	
Unit IV	Social Work in Hospital Setting			10
	Medical and Psychiatric Social Work: An Introduction. Hospitals: Types, Structure, and Functions. Areas of Social Work Intervention: Working with Health Care Teams, Patients, Care Takers, Care Givers, Para-Medical Staff and Hospital Administration.		i) Lecture method ii) Tutorials iii) Assignments iv) Group Discussion v) Virtual Mode	

Recommended Learning Resources

Print Resources	<ol style="list-style-type: none"> 1. Encyclopedia of Social Work in India (1968 & 1978). Vol. 1, 2,3. Director, Publications Division, Ministry of Information and Broadcasting. New Delhi. 2. Bhattacharya, S. (2012). Social Work an Integrated Approach. New Delhi: Deep and Deep Publication 3. Manshardt, Clifford (1967), Pioneering on Social Frontiers in India, Lalvani Pub House, Bombay. 4. Madan, G.R (2003), Indian Social Problems, Allied Publishers Private Limited 5. Desai, M. 2000, Curriculum Development on History and Ideologies for Social Change and Social Work, TISS, Mumbai. 6. Stroup H.H (1965), Social Work: An Introduction to the Field, Second Edition, American Book Company 7. Fink.A.E. (1945) The Field of Social Work. New York: Henry Holt & Co. 8. Fried Lander. W.A. (1958) Concepts and Methods of Social Work, Engle Wood Cliffs: Prentice – Hall 9. Gore, M.S. (1965) Social Work and Social Work Education, Bombay: Asia Publishing House 10. Gunjal, B., and Gangabhushan, M. M. (2010). Fields of Social Work Practice. Banglore: Baraha Publisher. 11. Kinduka, S.K. (1965) Social work in India, Sarvodaya Sahitya Samaj, Rajasthan 12. Ramaswamy, B. (2013). Modern International Encyclopedia of Social Work. New Delhi: Anmol Publication. 13. Ramesh, B., Parashurama, K., Ashok, A. D., and Lokesha, M. (2012). Social Work Education in India: Issue and Concerns, Tumkur University, Tumakuru. 14. Reamer F.G. (1995). Social work Values and Ethics, New York: Columbus 15. Siddiqui, H. (2015). Social Work and Human Relations. Jaipur: Rawat Publication. 16. Suresh, S. (2013). Modernization of Social Work Practices. New Delhi: Centrum Press. 17. Suresh, S. (2013). Realities and Prospectus of Social Work. New Delhi: Centrum Press 18. UGC Review of Social Work Education in India—Retrospect and Prospect, Report of the Second Review Committee, New Delhi 1980, University Grants Commission. 19. S D Gokhale(ed) Social Welfare-Legend and Legacy, Popular Prakashan, Bombay. 20. UGC, Social Work Education in Indian Universities, New Delhi 1965, University Grants Commission.
Digital Resources	<ol style="list-style-type: none"> 1. USC Suzanne Dworak-Peck School of Social Work (2014), Introduction to Social Work (Extended Version): Available at: https://www.youtube.com/watch?v=jJXRB1V5eVw&t=5s 2. UH Class OET (2016) Introduction To Social Work, University of Houtson: Available at https://www.youtube.com/watch?v=LtaCmORiP9A 3. The Audiopedia (2017), What is SOCIAL WORK? What does SOCIAL WORK mean?

SOCIAL WORK meaning, definition & explanation, Available at
<https://www.youtube.com/watch?v=xj5-Vdh1B3E>

4. USC Suzanne Dworak-Peck School of Social Work (2017),
Legacies of Social Change: 100 Years of Professional Social
Work in the United States, Available at

<https://www.youtube.com/watch?v=a4VzRSnksmA>

Year	I	Course Code: 126BSWO1XXXOEC02T	Credits	3
Sem.	1	Course Title: YOUTH DEVELOPMENT THROUGH SOCIAL WORK	Hours	40
Formative Assessment Marks: 40		Summative Assessment Marks: 60	Duration of ESA:2 hours	
Course Outcomes	<p>At the end of the course the student should be able to:</p> <ol style="list-style-type: none"> 1) Understand the concept and perspective of Youth; 2) Gain knowledge about the status of youth; 3) Understand the approaches, techniques and models of youth work; 4) Acquire the skills of working with youth; and 5) Understand the different strategies by which youth development could be achieved. 			
Unit No.	Course Content	Suggested Pedagogy	Hours	
Unit I	<p>Understanding Youth:</p> <p>Defining Youth - Social Construction of Youth – Changing conceptions of Youth.</p> <p>Youth Demographics.</p> <p>Theories on Adolescence: Hall’s storm and stress model, Blo’s theory of Process of Disengagement by adolescents, Richard Jessor’s Problem behaviour theory.</p>	<ol style="list-style-type: none"> i) Lecture method ii) Tutorials iii) Assignments iv) Group Discussion v) Virtual Mode 	10	
Unit II	<p>Challenges and Opportunities for Youth:</p> <p>Youth power: youth as social capital - youth as change agents – youth in socio-political movements.</p> <p>Youth in the context of globalization.</p> <p>Education and Skill Development, Employability and Employment.</p>	<ol style="list-style-type: none"> i) Lecture method ii) Tutorials iii) Assignments iv) Group Discussion v) Virtual Mode 	10	
Unit III	<p>Youth Development:</p> <p>Youth Led Development: Concept - Youth Led Sustainable Development in the focus areas of Education and Skill development, Gender equality and Women empowerment, Peace and Non-violence and Climate.</p> <p>Positive Youth Development: Conceptual Understanding of Positive Youth Development (Competence, Character, Confidence, Connection and Caring).</p> <p>Community engagement framework for youth development - Factors promoting and hindering youth engagement in the Community.</p>	<ol style="list-style-type: none"> i) Lecture method ii) Tutorials iii) Assignments iv) Group Discussion v) Virtual Mode 	10	
Unit IV	<p>Approaches and Models of Youth Work:</p>	<ol style="list-style-type: none"> i) Lecture method ii) Tutorials 	10	

	<p>Nature and definition of Youth Work.</p> <p>Approaches to Youth Work – Relief based approach, Welfare based approach, Development based approach and Policy Development based approach.</p> <p>Models of Youth work – Treatment model, Reform model, Advocacy model, Conscientization model.</p>	<p>iii) Assignments iv) Group Discussion v) Virtual Mode</p>	
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Recommended Learning Resources

<p>Print Resources</p>	<ol style="list-style-type: none"> 1. Balan K., (1985), Youth Power in the Modern World, Ajanta Publications, New Delhi. 2. Bob Coles (2002), Youth and Social Policy, Routledge, London. 3. Chowdhry D.P.1988. Youth Participation and Development. New Delhi. 4. John Cotterell (2007), Social Networks in Youth and Adolescence, Routledge, London. 5. Jones Gill, (2009), Youth, Polity Press, UK. 6. Kehily Jane Mary (Etd.) (2007), Understanding Youth: Perspectives, Identities and Practices, Sage Publication, London. 7. Landis H. Paul, (2011), Adolescence and Youth: The Process of Maturing, Sarup Book Publishers Pvt. Ltd., New Delhi. 8. M Sarumathi and Kalesh (2007), Youth Policies and Programmes in South Asia Region, RGNIYD Publication, Sripeumbudur. 9. Philip and MCMichael 1996. Development and Social Change, A global Perspective. Sage publications, London. 10. PhilMizem (2004) The Changing state of Youth, Palgrave Publishers, New York. 11. Rajendran Vasanthi & Paul David (2006), Youth and Globalisation, Proceedings of the Workshop on Youth and Globalisation, Rajiv Gandhi National Institute of Youth Development, Sriperumbudur and Tata Institute of Social Sciences, Mumbai. 12. Sibereisen K. and Richard M. Lerner. 2007. Approaches to Positive Youth Development. Sage Publications. New Delhi. 13. Verma.M.L. (2010) Youth and Revolutionary Upsurge, Sarup Book Publishers Pvt. Ltd., New Delhi. 14. Wood Jason and Hine Jean (2009), Theory and Policy for Practice, Sage Publications New Delhi. 15. Wyn J and R. White. 1997. Rethinking Youth. London. Sage Publications limited. Monica Barry (2005), Youth Policy and Social Inclusion, Routledge, London.
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SOCIAL WORK OEC FOR II SEMESTER

Open Elective Course (OEC):

Year	I	Course Code: 126 BSW 02XXXOEC01T	Credits	3
Sem.	2	Course Title: BASICS OF PSYCHOLOGY FOR SOCIAL WORK PRACTICE	Hours	40
Formative Assessment Marks: 40		Summative Assessment Marks: 60	Duration of ESA: 2 hours	
Course Outcomes	<p>At the end of the course the student should be able to:</p> <ol style="list-style-type: none"> 1. Understand the fundamentals of psychology. 2. An understanding of the characteristic needs, and normal development stages of human life cycle 3. Understand the role of heredity and environment on human behaviour. 4. Understand various psychological situations and usefulness of social work in handling dysfunctional/unhealthy behavioural patterns/situations 5. An understanding about abnormal behavior pattern, its causes, and treatment. 			
Unit No.	Course Content		Suggested Pedagogy	Hours
Unit I	<p>Psychology: Meaning, Definitions, Nature, Scope and Importance.</p> <p>Basic Psychological concepts: Perception, Learning, Motivation, Emotions, Memory.</p> <p>Process of Human Growth and Development: brief explanation of Physical, social and Sexual development in all 7 stage of development.</p>		Lecture, Tutorials and Group Discussion	10
Unit II	<p>Introduction to Lifespan: Developmental Stages from conception to Old age. Developmental tasks.</p> <p>Personality: Meaning, Definitions, Characteristics, and Types. Theories of Personality: Sigmund Freud and Carl Rogers.</p> <p>Human Behavior: Concept, Determinants and Reflectors. Influence of Heredity and Environment.</p>		Lecture, Tutorials and Group Discussion	10
Unit III	<p>Social Psychology: Meaning and Definition, Scope Relevance to Social Work.</p> <p>Socio-psychological concepts – Collective Behavior, Leadership, Public Opinion, Propaganda.</p>		Lecture, Tutorials and Group Discussion	10
Unit IV	<p>Abnormal Psychology – Meaning, definition and scope. Concepts of normality and abnormality. Causation of mental illness – Bio-genic, Psychogenic and Socio-genic.</p> <p>Types – Psychogenic, Personality, Organic and Psycho-somatic disorders.</p> <p>Management of Mental Disorders.</p>		Lecture, Tutorials and Group Discussion	10

Recommended Learning Resources

Print Resources	<ol style="list-style-type: none"> 1. Atkinson, R. L., Atkinson, R. C., Smith, E. E., Bem, D. J. and Hilgard, E. R. (2013) Introduction to Psychology. New York: H. B. J. Inc. 2. Baron, R.A. and Byron, D. (1998). Social Psychology. New Delhi: Prentice Hal. Dandapani, S. (2005). General Psychology. Hyderabad: Neel Kamal Publications. 3. Elizabeth, H. (1968). Development Psychology. New York: Mc Graw Hill. 4. Feldman, R.S. (1985). Social Psychology: Theories, Research and Applications. New York: McGraw hill. 5. Feldman, R.S. (1997). Understanding Psychology. New Delhi: Mc Graw Hill. Hall, C.S. Lindzey, G. and Cambell J.B. (2004). Theories of Personalities. New York: Wiley M. 6. Kuppuswamy, B. (1972). Elements of Social Psychology. New York: Asian Publishing House. 7. Morgan, C.T., King, R.A. Weisz, J.R., Schopler, J. (2001). Introduction to Psychology. New Delhi: Tata McGraw and Hill. 8. Myers, D.G. (2005). Social Psychology (8th ed.). New Delhi: Tata McGraw Hill Pub. Co Ltd.
Digital Resources	<ol style="list-style-type: none"> 1. Current Opinion in Psychology : http://bit.ly/2DWs5VT 2. Journal of Applied Developmental Psychology : http://bit.ly/2nG9mTl 3. Journal of Education Psychology : http://bit.ly/2FI9Gs3 4. Journal of Experimental Psychology : http://bit.ly/2nHuVmO 5. CarloW (2011), Stages of Human Development, Available at https://www.youtube.com/watch?v=ld8GLIzIWKU 6. Leisure Information Network (2014), Ages and Stages of Middle Childhood 6 to 12 Year Olds, Available at https://www.youtube.com/watch?v=OtpiBtL_7zc 7. Michelle Hancock(2016), Middle Childhood Social Emotional Development, Available at https://www.youtube.com/watch?v=PR-7SM2a_7g 8. Amanda Price (2012), Adolescence & Young Adulthood, Available at https://www.youtube.com/watch?v=n5ERlf-4f_c 9. Learning Outcomes based Curriculum Framework (LOCF) for Bachelor of Social Work (BSW)(2019) https://www.ugc.ac.in/pdfnews/1366718_Social_Work.pdf

Year	I	Course Code: 126 BSW 02XXXOEC02T		Credits	03
Sem.	2	Course Title: Life Skills Education		Hours	40
Formative Assessment Marks: 40		Summative Assessment Marks: 60		Duration of ESA: 2 hours	
Course Outcomes	<p>1. Develop adequate understanding about lifestyle and its influence on the well-being of the students in particular and general population in totality.</p> <p>2. Develop appreciation of lifestyles as a product of social inequality and interaction.</p> <p>3. Examine the social and economic consequences of different lifestyles for individuals and society.</p> <p>4. Understand the proper management of consumerist lifestyle related risks.</p>				
Unit No.	Course Content		Suggested Pedagogy	Hours	
Unit I	Introduction; Understand the concepts of Basics of Life Skills and Social Skills - Environment, health and Lifestyle, Relationship between Environment and health; Food habits and health; Lifestyle related diseases (stress, depression, hypertension, diabetes, obesity etc) and management.		Lecture, Tutorials, Activity and Group Discussion	10	
Unit II	Lifestyle Management: Meaning and Determinants of health; Concept and importance of Social, Psychological, Emotional and Physical wellbeing; Coping with social, psychological, economic, academic and market challenges and needs. Ways and means of living Fit: Yoga, Meditation, Exercises and Balanced Food.		Lecture, Tutorials, Activity and Group Discussion	10	
Unit III	Lifestyle and Academics Study habits; Qualities of a student; Attitudes of a student; Participation of students in academic programs; Time management, Leadership in student life: Vision of leadership - Making choices and taking decisions about course, career, marriage, family and life as a whole.		Lecture, Tutorials, Activity and Group Discussion	10	
Unit IV	Life Skills and Employability; Self-Awareness through SWOT Analysis, Johari Window – Empathising with Others. Employability Attributes & Skills – Initiative, Self-presentation, Personal responsibility, Self – Management, Sustaining motivation in life.		Lecture, Tutorials, Activity and Group Discussion	10	

Recommended Learning Resources

<p>Print Resources</p>	<ol style="list-style-type: none"> 1. Giddens, A. 1991. <i>Modernity and self-identity: self and society in the late modern age</i>. Cambridge: Polity Press. 2. Giuffr�e, K., & DiGeronimo, T. (1999). <i>Care and Feeding of Your Brain: How Diet and Environment Affect What You Think and Feel</i>. Career Press. 3. Spaargaren, G., and B. VanVliet. 2000. 'Lifestyle, Consumption and the Environment: The Ecological Modernisation of Domestic Consumption.' <i>Environmental Politics</i>. 9(1): 50-75. 4. U.S. Environmental Protection Agency; <i>Backyard Composting: It's Only Natural</i>; October 2009 5. Delors, Jacques (1997). <i>Learning: The Treasure Within</i>, UNESCO, Paris. 6. Nair.V. Rajasenan, (2010). <i>Life Skills, Personality and Leadership</i>, Rajiv Gandhi National Institute of Youth Development, Tamil Nadu. Page 8 of 62 7. UNESCO (1997). <i>Adult Education: The Hamburg Declaration</i>, UNESCO, Paris. 8. UNESCO (2005). <i>Quality Education and Life Skills: Darkar Goals</i>, UNESCO, Paris. 9. WHO (1999). <i>Partners in Life Skills Education: Conclusions from a United Nations Inter-Agency Meeting</i>, WHO, Geneva. 10. Nair. A. Radhakrishnan, (2010). <i>Life Skills Training for Positive Behaviour</i>, Rajiv Gandhi National Institute of Youth Development, Tamil Nadu. 11. Santrock W. John (2006). <i>Educational Psychology</i>. (2nd Edn.) New Delhi: Tata McGraw-Hill Publishing Company Ltd. 12. <i>Life Skills Resource Manual, Schools Total Health Program</i>, (2006). Health Education and Promotion International Inc., Chennai. 13. Kumar. J. Keval, (2008). <i>Mass Communication in India</i>, JAICO Publication India Pvt. Ltd 14. Morgan and King, (1993). <i>Introduction to Psychology</i>, Tata McGraw-Hill Publishing Company Ltd, New Delhi. 15. Rao P.L. (2008). <i>Enriching Human Capital through Training and Development</i>, Excel Books, Delhi. 16. Singh Madhu, (2003). <i>Understanding Life Skills</i>, Background paper prepared for Education for All: The Leap to Equality 17. UNESCO and Indian National Commission for Co-operation with UNESCO(2001). <i>Life Skills in Non-formal Education: A Review</i> 18. YUVA School Life Skills Programme: <i>Handbook for Teachers</i>, Vol. I – IV, (2008), Department of Education and State Council of Educational Research and Training, Delhi. 19. <i>Dakar Framework for Action</i>, (2000). Education for All: Meeting our Collective Commitments, Dakar, Senegal. 20. Ropke, I. 1999. 'The Dynamics of Willingness to Consume. <i>Ecological Economics</i>. 28: 399-420.
<p>Digital Resources</p>	<ol style="list-style-type: none"> 1. B�ogenhold, Dieter. "Social Inequality and the Sociology of Life Style: Material and Cultural Aspects of Social Stratification". <i>American Journal of Economics and Sociology</i>. http://onlinelibrary.wiley.com/doi/10.1111/1536-7150.00125/abstract. Retrieved 26 April 2012. 2. <i>Life Skills New Mantra of Indian Education</i>: https://www.educationworld.in/life-skills-new-mantra-of-indian-education/ 3. Retrieved from http://jyotikalash.net/lifestyle.html